# LEGEND OF LITITZ COMMUNITY EVENTS



#### Beating the Winter Blues JAN. 31, 2022 4:00PM

Shorter daylight hours and more time spent indoors during the winter months, while great for naps and curling up with a good book, can often lead to seasonal depression. Join us to learn proven tips and tricks to help keep the winter blues at bay. Guest Speaker: Tara Marshall, OTD, OTR/L



#### Beating the Winter Blues JAN. 31, 2022 9:00AM

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#### Sweetheart Luncheon FEB. 14, 2022 11:30AM

Nothing is sweeter than sharing a great meal with someone special! You and a guest are invited to join us at Legend of Lititz for a gourmet three course meal prepared by our chef.



Your Nest Egg: Protecting Your Assets MAR. 29, 2022 10:00AM Good estate planning and trusts can help ensure your legacy will be protected, fairly distributed, and handled smoothly. But do you know where to start? Join us to discover the importance of Advance Directives, Powers Of Attorney and Living Wills. Get helpful tips from a local expert on how to protect you and your family.



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# Spring Open House APR. 10, 2022 1:00-3:00PM

Spring into Senior Living at Legend of Lititz! Enjoy a variety of delicious foods prepared by our Chef as you explore our beautiful residence. Gazpcho, Tempura, Tiramisu, Strawberry Shortcake & More!



## Traditional Easter Bread Apr. 14, 2022 2:00PM

Join us as Chef Adam demonstrates how to make traditional Easter bread. Take home the recipe and bread to share during Easter dinner. As the bread is baking, enjoy refreshments.



## Ask The Experts: Senior Living Landscape MAY. 17, 2022 11:30AM

Senior Living is a multi-faceted industry and can be a bit confusing when beginning your search. However, it doesn't have to be overwhelming! Join us for a panel discussion on the different offerings and what questions you should be asking. Bring your questions for our expert panel!