

THE WINDSOR OF OCALA

COMMUNITY EVENTS



Lunch & Learn: Surviving the Bumps on Your Retirement Path JAN. 20, 2022 11:30AM

Without warning unplanned expenses can lead you off the path of financial stability. This seminar will prepare you to deal with the bumps and potholes on your retirement path. Discover solutions that will assist in planning and living your retirement.



Social Seniors FEB. 02, 2022 10:30-11:30AM

A bustling social calendar does more than keep you busy. It can also keep you healthier! Over the past decade, researchers across the globe have found older adults need more than just a healthy diet and exercise plan to stay as healthy as possible. In short, taking the time to connect with friends and put items on your social calendar can pay off by making you healthier! Join us as we learn more about the benefits of socialization, decreasing depression, slowing cognitive decline, and boosting immunity!



Social Seniors FEB. 02, 2022 2:30-3:30PM

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Sweetheart Drive Thru Meal FEB. 10, 2022 2:00-3:00PM

Nothing is sweeter than sharing a great meal with someone special! Drive up to The Windsor and take home your complimentary meal for two. Sweetheart Menu: Smoked Salmon Cobb Salad • Heart Shaped Cookie



Ask The Experts: Senior Living Landscape MAR. 10, 2022

11:30AM

Senior Living is a multi-faceted industry and can be a bit confusing when beginning your search. However, it doesn't have to be overwhelming! Join us for a panel discussion on the different offerings and what questions you should be asking. Assisted Living, Memory Care, Rehabilitation Long Term Care, Home Health. Bring your questions for our expert panel!



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Spring Break for the Young at Heart APR. 28, 2022 2:00-3:30PM

Join us at The Windsor of Ocala for an afternoon of "fun in the sun!" Participate in a variety of stimulating and entertaining activities while learning about how to stay fit and healthy. Enjoy a refreshing treat and make new friends!



Gardener's Paradise MAY. 19, 2022 10:30-11:30AM

There's just something about getting your hands in the dirt and nurturing a plant to live. Join us at The Windsor of Ocala for a spring gardening class. Growing your do-it-yourself herb garden can bring you joy and health this summer. Even if you think you don't have a green thumb, we encourage you to give it a try!



Gardener's Paradise MAY. 19, 2022 1:00-2:30PM

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