

ROCK RIDGE COMMUNITY EVENTS



Yoga, Meditation & You JAN. 27, 2021 2:00-3:00PM

Just a few minutes of meditation each day can increase attention span, decrease anxiety, and help you feel refreshed. A few sessions of yoga each week can increase flexibility and improve balance. And that's just the beginning. Join us as we learn more about the benefits of yoga and meditation, as well as how to incorporate it into our daily routines. We'll even learn a few techniques and poses together.

Reservation



Sweetheart Luncheon FEB. 14, 2022 11:00AM-1:00PM

Nothing is sweeter than sharing a great meal with someone special! You and a guest are invited to join us at Rock Ridge for a complimentary gourmet lunch. Enjoy live music by pianist Julie Chappell.



Saint Patrick's Day Party MAR. 17, 2022 1:00-3:00PM

Come celebrate the luck of the Irish and a bit o' blarney with your friends at Rock Ridge. Drive thru and enjoy an old fashion car hop and sip on a shamrock shake and fries.



Spring Fling APR. 07, 2022 2:30-3:30PM

Spring is here and it's time to liven-up the atmosphere with dancing, food and fun! Join your friends at Rock Ridge for light refreshments and live entertainment by guitarist Steve Rhome.



Mother's Day Tea MAY. 04, 2022 1:30- 2:30 PM

Calling all mothers, favorite aunties, and other women who have mothered their residence. We are ready to honor you and all of your contributions at our Mother's Day Celebration. Join us for fond reflections and delicious refreshments and petit fours. Sit back, relax, and enjoy a fun afternoon with your friends and family at River Oaks. We look forward to honoring you! Let us prepare your place at the table, RSVP by April 29.



Cinco de Mayo MAY. 05, 2022 2:00-3:30PM

¡Hola amigos y amigas! We would love to invite you to celebrate Cinco de Mayo with a lot of festive flair right here at Rock Ridge. It's the perfect time of year to get out and about, enjoy the sunshine and beautiful weather, and grab a margarita. Join us for Mexican-inspired snacks prepared by our creative chefs as you meet a few new friends.



Guitars & BBQ MAY. 26, 2022 4:30-6:30PM

Come enjoy the lively sounds of local favorite, STEVE RHONE, as you savor delicious BBQ made by our chef. Invite your friends and family and let's make this an event to remember!