

# LEGEND AT JEFFERSONS GARDEN

## COMMUNITY EVENTS

---



### **Brunch Club** JAN. 27, 2022 10:00-11:00AM

Join us for our January Brunch Club. This month we will be discussing the benefits of healthy eating. Laryssa Lalli, owner of Real Meals Kitchen, will demonstrate how to prepare simple, easy and nutritious meals for one or two people. Event Location: Real Meals Kitchen 15220 Northwestern Ave • Edmond OK



### **Heart Health** FEB. 10, 2022 1:30-3:30PM

February is American Heart Month making it the perfect time to pay closer attention to your heart. Your heart health affects your brain health and the rest of your body. We'll learn more about heart healthy foods and habits from Acacia Bradford. You'll leave with a new appreciation for your heart and the tools to take care of it. What's not to love about this event?



### **Sweetheart Drive Thru Lunch** FEB. 24, 2022 11:00AM-12:00PM

Nothing is sweeter than sharing a great meal with someone special! Drive thru Legend at Jefferson's Garden and take home your complimentary gourmet meal for two.



### **Brunch Club** MAR. 24, 2022 10:00-11:00AM

Join us for our March Brunch Club. Sheryl Presley, TRIAD Coordinator for the Oklahoma Police Department, will be discussing scams targeting older adults and how to identify and avoid them. Enjoy a complimentary brunch.



### **Brunch Club** APR. 28, 2022 10:00-11:00AM

Enjoy a complimentary brunch at our April Brunch Club. Join us for a discussion on a simplified approach to rightsizing. You'll leave with great spring cleaning tips and suggestions on knowing what to keep and what to give away (and what to throw away!).



### **Brunch Club** APR. 28, 2022 10:00-11:00AM

Enjoy a complimentary brunch at our April Brunch Club. Join us for a discussion on a simplified approach to rightsizing. You'll leave with great spring cleaning tips and suggestions on knowing what to keep and what to give away (and what to throw away!).



### **The Right Way To Rightsize** MAY. 19, 2022 1:30-3:30PM

From the time you set up your first home, life has been a steady stream of acquiring possessions. Maybe you're ready to turn the tide. But after years of acquiring stuff, it's hard to know where to start. Join us for a discussion on a simplified approach to rightsizing. You'll leave with great tips and suggestions on knowing what to keep and what to give away (and what to throw away!).



### **Brunch Club Kentucky Derby Celebration** MAY. 26, 2022 10:30-11:30AM

Grab your hat and place your bets as we celebrate the Kentucky Derby at our May Brunch Club. Meet new friends, enjoy a complimentary brunch, and maybe even get lucky in our horse racing games. It wouldn't be the same without you, so be sure to mark it on your calendar.