

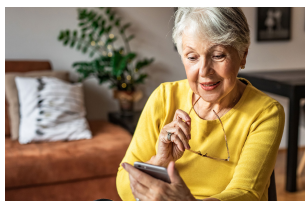
THE REGENT

COMMUNITY EVENTS



Soup Sampling JAN. 11, 2022 2:00PM

We've got a cure for the Winter blues and a great start to 2022! Join us to sample Chef Milton's delicious signature soups. Pick your favorite to take home and enjoy!



Get Connected: Technology Skills For Today's Senior JAN. 27, 2022 11:00AM-12:00PM

Are you intimidated by apps, texting, emails, and exploring things online? Our expert is here to help by giving you the tools you need to stay connected to friends, family, and beyond. Join your friends at The Regent as we learn more about the ins and outs of your smartphone and how to use it effectively with Kylie Young. Beginners are welcome! Meet the expert: Kylie Young, Life Enrichment Coordinator, Legend Senior Living



Get Connected: Technology Skills For Today's Senior JAN. 27, 2022 1:00-2:00PM

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The Right Way To Rightsize MAR. 31, 2022 1:00PM

From the time you set up your first home, life has been a steady stream of acquiring possessions. Maybe you're ready to turn the tide. But after years of acquiring stuff, it's hard to know where to start. Join us for a discussion on a simplified approach to rightsizing. You'll leave with great tips and suggestions on knowing what to keep and what to give away (and what to throw away!).



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Growing in the Garden APR. 07, 2022 9:00-10:00AM

Flowers aren't the only thing that can grow in the garden. You can too! Join us to learn the benefits of working in the garden. Don't worry if you are a beginner, just curious or semi-professional, an expert master gardener will give you the confidence to explore gardening more and how to connect to better mental and physical wellness.



Classic Cinema APR. 20, 2022 11:30AM-2:00PM

Join us for your choice of a complimentary lunch in the Magnolia Restaurant and stay afterward for an afternoon movie matinee. Enjoy a classic film with fresh popcorn, theater candy and a selection of beverages.



Classic Cinema: The Girl Who Believes In Miracles APR. 27, 2022 11:30AM-2:30PM

Join us for your choice of a complimentary lunch in the Magnolia Restaurant and stay afterward for an afternoon movie matinee. Enjoy a classic film with fresh popcorn, theater candy and a selection of beverages.



Final Friday: Happy Hour APR. 29, 2022 4:00-5:00PM

Join us for a festive end-of-month celebration with cocktails, appetizers and entertainment.



Party on the Patio with Across the Pond MAY. 05, 2022 6:00-7:00PM

Put on your dancing shoes for a four-week live concert series with your friends at The Regent. Join us every Thursday in May for this toe-tapping good time. Kicking off our Party on the Patio Series is Wichita's own "Across The Pond". Come early to enjoy Cinco De Mayo inspired drinks and appetizers. Seating is limited so RSVP quick, you don't want to miss it! Entertainment By: Across The Pond, Wichita's premier 1960s cover band.



Party on the Patio with Lightfoot Family Band MAY. 12, 2022 6:00-7:00PM

Put on your dancing shoes for a four-week live concert series with your friends at The Regent. Join us every Thursday in May for this toe-tapping good time. Dance along with the folk duo "Lightfoot" on May 12. Come early to enjoy drinks and appetizers. Seating is limited so RSVP quick, you don't want to miss it! Live Entertainment By: Lightfoot Family Band Performing traditional and old timey classics



Creative Charcuterie MAY. 17, 2022 2:00-3:00PM

Charcuterie boards are the perfect mix of delicious finger foods and creativity, making anyone who puts one together the star of the party. We're teaching you how to create a classic charcuterie and dazzle your friends. Join us as we learn all the techniques from The Regent's premier chef Milton Gotay, then sample the tasty creations.



Party on the Patio MAY. 19, 2022 6:00-7:00PM

Put on your dancing shoes for a four-week live concert series with your friends at The Regent. Join us every Thursday in May for this toe-tapping good time. Dance along with cover tunes and classic rock by "Vinyl Drive" on May 19th. Come early to enjoy drinks and appetizers. Seating is limited so RSVP quickly, you don't want to miss it!



Forever Fit Rock Steady Boxing MAY. 23, 2022 11:00AM-12:00PM

Regular exercise can enhance your quality of life, build strength, flexibility, and speed! Join us and Erin Carpenter, Certified Rock Steady Boxing Coach for a unique fitness class using non-contact boxing for all ability levels. The workout will focus on stretching, strength training, agility, balance, fine motor skills, cognition, posture, and endurance to improve overall functional mobility. Light refreshments & beverages will be served.



Party on the Patio with Radio Days, Barbershop Quartet

MAY. 26, 2022 6:00-7:00PM

Join us at The Regent for our final Party on the Patio Series, featuring the toe-tapping sounds of barbershop quartet "Radio Days." Come early to enjoy the beautiful spring weather and festive drinks and appetizers and meet a few new friends. Seating is limited so RSVP quickly, you don't want to miss it! Live Entertainment By: Radio Days, Barbershop Quartet