

PARK WEST PLAZA

COMMUNITY EVENTS



Cooking Demonstration FEB. 03, 2022 2:00-3:00PM

Join us for a cooking demonstration led by guest chef Tim Berry. Learn how to prepare some of our favorite tailgate foods; Ribs, Armadillo Eggs and S'mores Cookie Sandwiches. Enjoy tasting the creations then take a box to-go!



Sweetheart Drive Thru Lunch FEB. 11, 2022 10:00-11:00AM

Nothing is sweeter than sharing a great meal with someone special! Drive thru Park West and take home your complimentary gourmet meal for two. Sweetheart Menu: Pasta, Salad, Breadstick, and Cheesecake



Yoga, Meditation & You MAR. 10, 2022 10:00 AM

Join us as we learn more about the benefits of yoga and meditation, as well as how to incorporate it into our daily routines, from local instructor Sher Randhir Singh. We'll even learn a few techniques and poses together.



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Saint Patrick's Day Party MAR. 17, 2022 2:00-3:30PM

Come celebrate the luck of the Irish and a bit o' blarney with your friends at Park West. Wear your green and enjoy fun music and food to make your St. Patrick's Day a blast!



Beautify Your Garden APR. 26, 2022 2:00PM

Do you have a green thumb? Spring is here and it's time to liven-up the atmosphere with your favorite flowers! Join us for the latest tips on flower potting with a floral specialist, Cathy Brady, from Brady Nursery.



Celebrate Mom: Drive-Through Brunch MAY. 06, 2022 10:00-11:00 AM

Join us as we celebrate all the women who have mothered others so well with a delicious Mother's Day Brunch. Drive-through Park West and pick up a delicious meal prepared with love from our Chefs: Tea Sandwiches, Strawberry Walnut Salad and Cheesecake Bites.



TEST- Innovative Methods To Protect Your Memory and Mental Sharpness MAY. 25, 2023 11:00 AM | MAY. 25, 2023 2:00 PM

The brain is involved in everything you do and, like other important parts of the body, it needs to be cared for too! Join Park West Plaza to learn exercises that will help your memory and focus stay sharp or even give it a boost! People of all ages will benefit from incorporating just a few simple brain exercises into their daily life, which we'll explore together! RSVP to claim your spot.